

August 15, 2006

## **Blacks, Hispanics Hospitalized More Often for Diabetes, Heart Disease**

TUESDAY, Aug. 15 (HealthDay News) -- Black and Hispanics are hospitalized more often in the United States than non-Hispanic whites for diabetes and other health problems, researchers report.

That's a costly trend, since many of these conditions can be prevented or controlled through good quality outpatient care, concludes a report recently released by the U.S. Agency for Healthcare Research and Quality.

The findings are based on 2003 statistics.

Compared to non-Hispanic whites:

- Blacks were nearly five times more likely and Hispanics were 3.6 times more likely to be hospitalized for uncontrolled diabetes.
- Blacks were 3.5 times more likely and Hispanics were 2.9 times more likely to be hospitalized for diabetes-related amputation of a foot or a leg.
- Blacks were nearly five times more likely and Hispanics were 2.4 times more likely to be hospitalized for high blood pressure.
- Blacks were 2.5 times more likely and Hispanics were 1.7 times more likely to be hospitalized for congestive heart failure.
- Blacks had the highest hospitalization rates for adult and childhood asthma, perforated appendix, and dehydration. Blacks also had the highest rate of low-weight infant births.
- Hispanics had the highest hospitalization rates for asthma in elderly people, pediatric gastroenteritis, and urinary tract infection.

### **More information**

The U.S. Office of Minority Health has more about [minority health disparities](#).

-- Robert Preidt

SOURCE: U.S. Agency for Healthcare Research and Quality, news release, Aug. 1, 2006

Copyright © 2006 [ScoutNews LLC](#). All rights reserved.

This is a story from [HealthDay](#), a service of ScoutNews, LLC